

## **Uniform Care and Equipment Guidelines**

Upon issue, each player becomes responsible for her own equipment. That equipment must be returned in good condition at the conclusion of the season or she will be charged for the cost of replacing the equipment. Each player's uniform should be clean and tidy for games. Practice clothes should also be laundered as needed.

Before wearing the uniforms, the colors need to be set. Soaking them in diluted vinegar and then washing them in cold water is the best way to preserve the color before wearing them for the first time. Navy uniform parts should be washed in cold water separately. Some of the uniforms were used last year, but some are brand new, so the colors need to be set. **DO NOT USE** fabric softener with the uniforms as it takes the screen printing off and ruins the jersey material. Uniforms should **NEVER** be dried in the dryer.

### **Practice Equipment**

Grey practice jerseys / navy practice jerseys

Black practice shorts/navy practice shorts (Varsity only)

White practice socks/navy practice socks

Sweatshirt/Sweatpants

Ball

### **Game Equipment**

Home/Away Jersey

Home/Away Game shorts    Bag

Home/Away Socks

Warm-up

\*Soccer cleats must be black, navy, silver or white